

CALL FOR posters, workshops and paper presentations

ALETHEIA INTERNATIONAL CONGRESS : ART, ART-THERAPY, TRAUMA & EMOTIONAL MEMORY

27, 28 & 29 NOVEMBER, 2019
FACULTAD DE EDUCACIÓN
UNIVERSIDAD COMPLUTENSE
DE MADRID

MORE
INFORMATION:
http://eventos.ucm.es/33654/detail/aletheia_-arte-arteterapia-trauma-y-memoria-emocional.html



COLABORA:



**The Conference Directors invite
you to submit proposals for papers,
workshops or posters on the
conference themes.
The programme will offer the
following pathways:**

**ART THERAPY
DANCE MOVEMENT THERAPY
DRAMATHERAPY
MUSIC THERAPY**

WE WILL WELCOME YOUR
PROPOSALS UNTIL

5th September 2019

The selection processes will take
during **September and October
2019**

*Late submissions cannot be
considered by the Scientific
Committee*

E This Conference has a main goal to contribute to alleviating the effects of trauma through creative processes, in the light of discoveries in Neuroscience, Psychology and the Arts. It is the result of the R&D Project HAR2015-69115-R ALETHEIA, which focuses on THE ARTS AND ART THERAPY AS AN APPROACH TO TRAUMA AND EMOTIONAL MEMORY. It brings together great professionals from various fields such as Art, Art Therapy, Psychology, Psychiatry, Education, History, Philosophy and Medicine. It has the aim of disseminating the results of the systematic application of the arts as a way of making sense of traumatic memory and effective work with people suffering from post-traumatic stress, focusing on the development of methodological and epistemological tools to be implemented in situations of violence with traumatic consequences.

For more than sixty years, expressive therapies (through the Visual Arts – Art Therapy-, Dance Therapy, Drama Therapy and Music Therapy), working alternatively with the two cerebral hemispheres - fluctuating between symbolic expression and the interiorization of results through language and writing - have allowed the work of reconstructing the narrative, corporal and emotional trauma and offer the capacity to make sense of pain. That is why they have been revealed as effective instruments for the improvement of people and collectives that need ways beyond words, to express, so to speak, the inexpressible. Art and artists have shown the elaboration of individual and collective traumas.

The objectives of this conference are:

- to disseminate the existing scientific corpus,
- to share the systematic sampling of artistic initiatives that have allowed the elaboration of trauma,
- to expose the sample of expressive therapies that have demonstrated their use in their approach of the trauma, their scope and their use.
- to share the implementation and evaluation of methodologies that allow the treatment of art in narrative therapies aimed at addressing post-traumatic stress.

The Conference will combine::

- Keynote speeches.
- Masterclasses, where professionals from all over the world will share their expertise of approaching traumatic processes through art.
- Workshops, where participants will show, in a practical way, their approach methodologies.
- Communications, where delegates will have a space to partake the results of their work.
- Posters, where in a visual way, methodologies, methods of observation and evaluation and theoretical budgets will be shared.

The Conference will be given in Spanish and English, and there will be no simultaneous translation, so people attending the conference must be fluent in both languages.

Presentation of contributions

The deadline for contributions will close on September 5th, 2019 at 23:59 h. Proposals must be uploaded to the following virtual platform, where you can find further information about the conference: http://eventos.ucm.es/33654/detail/aletheia_-arte-arteterapia-trauma-y-memoria-emocional.html For any doubt, the e-mail contact is: [**congresoaletheia@gmail.com**](mailto:congresoaletheia@gmail.com)

There will be three formats of participation: communications, posters and workshops, which may deal with the following thematic lines:

Art and emotional memory

This line includes communications that deal with the experiences of artists or artistic projects and their reflections on their own creative process from the perspective of emotional memory. Emotional memory is defined as one of the functions of memory. It refers to the weight of imprint, reminiscences, affection and is not necessarily linked to a specific representation. It is precisely this peculiar condition of its extreme lability and the seemingly “detached” from a strict in sensu content that leaves open a privileged space for processing through art, which will allow to explore different dimensions and their expression through images, forms, colours and materials. These privileged transitional objects that collect (apprehend) something of what has never been said.

Neuropsychological approach, trauma and creative processes

The neuropsychological approach basically establishes that the processes worked on in Creative Art therapies have specific correlates in the brain. The neural bases of creative art therapies have been attributed to hemispherical lateralization, limbic structures, hypothalamus and mirror neurons. The most influential articles have been those of Van der Kolk (1994, 2006) investigations that have legitimized the neuropsychological approach in art therapy.

Topics:

- Reviews on the neuropsychological approach in art therapy.
- Artistic proposals whose objective is to stimulate different cerebral areas.
- Evaluations of art therapy programs using behavioral-type neuropsychological tests.

Detection and prevention of trauma through Arts and Arts Therapies.

This line includes communications that deal with experiences made from Art and Arts Therapies with minors in the Educational, Social, Health, Clinical and community environments, who are or have been through experiences of a particularly painful nature, as well as those designed to prevent the impact that these specific life circumstances can have on the healthy development of their lives from an integral perspective.

Among other aspects, the coherence between the work objectives, the intervention methodology and the analysis and evaluation of results, as well as their relation with a research approach on trauma and the generation of specific knowledge on the subject, from the different approaches and paradigms of thought, will be valued.

Methodologies of intervention in creative therapies and trauma

This line welcomes methodological proposals that have been developed and evaluated in intervention with people who have gone through traumatic episodes. Particularly welcome are those proposals that provide evidence of psychosocial improvement, emotional regulation and well-being through creative processes, whether through visual arts, drama, music or dance-movement and that propose coherent intervention methodologies, articulated and based on relevant therapeutic bases.

Trauma research methodologies and creative therapies

Research has much to offer Arts Therapies because it generates new knowledge about the discipline, its theories and practices, which leads to progress in its recognition as an effective and innovative treatment for users of all ages in all sectors and environments where Art therapists work. Research in Trauma and Arts Therapies is expected through systematic reviews,

quantitative, qualitative and mixed methods where the design, approach and application of emerging analysis techniques promote evidence-based research.

- Systematic quantitative and qualitative reviews (collecting all evidence on a specific topic - in order to answer a research question - and that meets previously specified eligibility criteria). It includes systematic reviews with or without meta-analysis, narrative reviews and summaries of systematic reviews).
- Qualitative research (case studies, action research, phenomenology, ethnomethodology, ethnography, grounded theory, discourse analysis, narrative approaches...)
- Arts-based research (based on the premise of using various forms of artistic practice as the primary means of investigating and understanding human experience, which extends to more materially sensitive, discursive, and intuitive forms of knowledge)
- Quantitative research (covering different forms of small and large scale experiments, from case studies to surveys. Includes single-case experimental designs and experiments single-group studies, with gradual increases in scale to controlled clinical trials. It also covers instrument design and validation).
- Mixed research methods (involve the integration or combination of qualitative and quantitative approaches during or at most stages of the research process. They add complexity to the study design by maintaining the strengths of each of the approaches).

Formats of contribution:

Presenters are allowed to present for evaluation a maximum of three contributions but the Conference, with the aim of promoting participation and diversity, will only select one single contribution of each presenter.

Communications:

To be provided:

- Title: in Spanish and English.
- Author(s): The limit is set at three presenters.
- E-mail address and contact telephone Number of the main contributor.
- Abstract: between 150 and 250 words, in Spanish and English.
- Keywords: between 5 and 7 words, in Spanish and English.
- Development: between 750 and 800 words, in Spanish and English.
- Typography: Times New Roman 12 pt., 1,5 interline spacing (digital format, Microsoft Word).
- Basic bibliography.

In case of acceptance of the communication, the exposure time available for each presentation is 25 minutes. It is essential to respect this time, so the moderator will be rigorous in this regard.

After the conference, the most outstanding communications, in article format adapted to the corresponding norms, will be selected by a panel of reviewers and will be published in the annexes of the journal *Papeles de Arteterapia y educación Artística para la Inclusión Social*, from the Publications Service of the Complutense University of Madrid.

Workshops:

The workshops will have a maximum duration of two hours. The group will have a maximum of 30 people and must be taken into account by the Workshops facilitator.

For its evaluation, it must be provided:

- Workshop title: in Spanish and English.
- Facilitators: the limit is set at three presenters.
- Summary between 200 and 300 words, in Spanish and English
- Keywords / Key words: between 5 and 7 words, in Spanish and English
- References and quoted according to APA standards, 6th ed.

In case of acceptance of the workshop, the exposure time available for its presentation is 120 minutes. The facilitator will inform the organization of the material needed for its development and will try to adapt to classical materials of creative therapies. If special material is needed, it must be provided by the workshop facilitator.

After the conference, there is the possibility of transforming the workshop into an article format, adapted to the corresponding Edition norms. This will be selected by a panel of reviewers and will be published in the annexes to the *Journal Papeles de Arteterapia y educación Artística para la Inclusión Social*, of the Publications Service of the Complutense University of Madrid.

Posters:

For its evaluation, it must be provided:

- Title
- Authorship: the limit of authors is established in three presenters.
- Abstract: between 100 and 250 words, in Spanish and English.
- The poster must be presented in roll-up, in auto-folding format.
- High resolution image.

Posters will be exhibited in the assigned place from the first day of the congress. A timetable will be established for the poster presentation session, during which the author of the poster must appear in the room for a 5-minute oral presentation.

After the congress, there is the possibility of transforming the poster into an article format, adapted to the corresponding rules. This will be selected by a panel of reviewers and will be published in the annexes to the journal Papeles de Arteterapia y educación Artística para la Inclusión Social, of the Publications Service of the Complutense University of Madrid.

Only original works that have not been previously published or submitted will be accepted. Any type of contribution must be formalized with the registration at the Conference and justification of payment.

CONFERENCE FEES (in euros)

Early bird (Before September, 5th)

General	130
Students, unemployed or retired people	80

After September, 5th.

General	160
Students, unemployed or retired people	100